# Certified Nursing Assistant Course No. 14997 Credit: 0.5/1.0

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| **Student name:**  |  | **Graduation Date:** |  |

Pathways and CIP Codes:Health Science (51.9999)

Course Description: **Application Level:** A program that prepares students to perform routine nursing-related services to patients in hospitals or long-term care facilities, under the training and supervision of an approved teacher, registered nurse, or licensed practical nurse. This class results in the opportunity to test for KS certification in CNA.

Directions:The following competencies are required for full approval of this course. Check the appropriate number to indicate the level of competency reached for learner evaluation.

**RATING SCALE:**

4. Exemplary Achievement: Student possesses outstanding knowledge, skills or professional attitude.

3. Proficient Achievement:Student demonstrates good knowledge, skills or professional attitude. Requires limited supervision.

2. Limited Achievement:Student demonstrates fragmented knowledge, skills or professional attitude. Requires close supervision.

1. Inadequate Achievement:Student lacks knowledge, skills or professional attitude.

0. No Instruction/Training:Student has not received instruction or training in this area.

## Benchmark 1: Understand communicating information.

### Competencies

| **#** | **DESCRIPTION** | **RATING** |
| --- | --- | --- |
| 1.1 | Observe and report resident data including significant changes in resident's condition (i.e. change in vital signs, changes in level of consciousness, changes to resident's baseline status). |  |
| 1.2 | Record observation (written) subjective and objective resident data using acceptable terminology and facility approved abbreviations. |  |
| 1.3 | Communicate with resident, staff and family within HIPPA guidelines. |  |
| 1.4 | Write reports concerning resident care and condition, accidents and incidents. |  |
| 1.5 | Check and understand current documentation of resident status and care. |  |
| 1.6 | Ability to prioritize / differentiate signals (i.e. bed or bathroom or shower) and respond timely. |  |
| 1.7 | Knowledge of "what" information a Certified Nursing Assistant is allowed to reinforce (i.e. Diet, activity, ambulation and discharge plans). |  |
| 1.8 | Knowledge of "what" information a CNA may assist with teaching (i.e. donning of Personal Protective Equipment). |  |
| 1.9 | Know resources available to reinforce / assist with resident education for questions outside a CNA scope of practice (combined duty A008 and A009). |  |
| 1.10 | Know facility's chain for reporting pests. |  |
| 1.11 | Communicate with limited English proficient resident. |  |
| 1.12 | Understand the principals involved in communicating with person experiencing varied disabilities. (i.e. blind, hearing, dementia, and unresponsive). |  |
| 1.13 | Communicate need for changes in care plan. |  |
| 1.14 | Calculate, report and record fluid intake and output. |  |
| 1.15 | Assist with unit admitting, transfer, and discharge procedures. |  |
| 1.16 | Instruct resident in use of body mechanics. |  |
| 1.17 | Communicate successful techniques with nursing supervisor and other staff members. |  |
| 1.18 | Observe, report, and record changes in resident's behavior pattern. |  |

## Benchmark 2: Perform basic nursing skills

### Competencies

| **#** | **DESCRIPTION** | **RATING** |
| --- | --- | --- |
| 2.1 | Understanding of isolation procedures and techniques. |  |
| 2.2 | Provide and promote clean, dry, wrinkle-free beds following standard precautions and the Blood-borne Pathogen Standards. |  |
| 2.3 | Maintained clean, neat, safe, and comfortable patient areas at all times. |  |
| 2.4 | Apply infection control measures whenever providing nursing care. |  |
| 2.5 | Assist with care of pressure ulcers. |  |
| 2.6 | Support and maintain urinary catheter drainage systems.  |  |
| 2.7 | Provide safe and appropriate care to a resident with a colostomy/ileostomy following standard precautions and the Blood-borne pathogen standards. |  |
| 2.8 | Measure and interpret accurate 5 vital signs and height and weight. |  |
| 2.9 | Obtain and transport specimens appropriately, following standard precautions and facility policies and procedures. |  |
| 2.10 | Provide appropriate care to the dying person, including postmortem care, while maintaining person’s dignity and following facility policies and procedures.  |  |
| 2.11 | Provide care for resident receiving Oxygen treatment.  |  |
| 2.12 | Perform and assist nursing staff in an emergency situation. |  |
| 2.13 | Recognize and understand common diseases, conditions and care of resident/patient. |  |
| 2.14 | Prioritize order of care for residents with various needs. |  |

## Benchmark 3: Understand personal Care Skills

### Competencies

| **#** | **DESCRIPTION** | **RATING** |
| --- | --- | --- |
| 3.1 | Assess body alignment of resident. |  |
| 3.2 | Give a resident a bed bath. |  |
| 3.3 | Place alternating pressure mattress on bed. |  |
| 3.4 | Apply heel and elbow protectors / hand rolls. |  |
| 3.5 | Assist resident in care of dentures. |  |
| 3.6 | Give back rub to resident. |  |
| 3.7 | Provide skin care to resident. |  |
| 3.8 | Assist resident in performing oral hygiene. |  |
| 3.9 | Administer oral hygiene for unconscious client. |  |
| 3.10 | Assist resident in using toilet or bedside commode. |  |
| 3.11 | Assist resident in using urinal. |  |
| 3.12 | Assist in resident using bedpan. |  |
| 3.13 | Assist resident with shaving, shampooing hair, personal grooming. |  |
| 3.14 | Give or assist resident with bath or shower. |  |
| 3.15 | Feed or assist resident with eating. |  |
| 3.16 | Identify general / therapeutic diet. |  |
| 3.17 | Assist resident in dressing and undressing. |  |
| 3.18 | Care for incontinent resident.  |  |
| 3.19 | Administer Perineal Care. |  |
| 3.20 | Implement Nursing Measures to Promote Comfort, Rest and Sleep. |  |
| 3.21 | Provide Care for Hearing Aide, eye glasses/contacts. |  |
| 3.22 | Provide Assistance for Visually Impaired. |  |
| 3.23 | Provide care for resident with fever. |  |
| 3.24 | Provide care for the terminally ill resident. |  |
| 3.25 | Assist with preoperative and postoperative care. |  |

## Benchmark 4: Perform basic restorative skills

### Competencies

| **#** | **DESCRIPTION** | **RATING** |
| --- | --- | --- |
| 4.1 | Orient visually impaired resident to environment. |  |
| 4.2 | Assist resident in sitting position. |  |
| 4.3 | Apply cold / warm compress / hot soak / ice bag. |  |
| 4.4 | Assist with whirlpool treatment / therapeutic bath (if not medicated) / or tepid bath. |  |
| 4.5 | Assist with dressing change. |  |
| 4.6 | Use transfer/safety belt properly and to assist with ambulation. |  |
| 4.7 | Assist resident with dangling standing & walking. |  |
| 4.8 | Assist resident using a walker, can, wheelchair. |  |
| 4.9 | Transfer resident to beside commode / from bed to shower. |  |
| 4.10 | Apply brace & splint. |  |
| 4.11 | Transport resident by wheelchair / stretcher / mechanical lift. |  |
| 4.12 | Move resident in bed using lift sheet. |  |
| 4.13 | Assist resident in remaining mobile with exercise / active & active assistive range of motion. |  |
| 4.14 | Assist resident with passive range of motion. |  |
| 4.15 | Knowledge of specific types of equipment as per facility policy & / or manufacturer’s instructions. |  |
| 4.16 | Ability to move resident between stretcher & bed using 3 person transfer technique. |  |
| 4.17 | Assist resident in bladder & bowel training. |  |
| 4.18 | Knowledge of procedure for logrolling resident (i.e. facility policy & procedure). |  |
| 4.19 | Knowledge to apply arm sling as per manufacturer’s instructions. |  |

## Benchmark 5: Understand how to provide mental health and social service needs.

### Competencies

| **#** | **DESCRIPTION** | **RATING** |
| --- | --- | --- |
| 5.1 | Provide care to resident with different levels of cognitive function.  |  |
| 5.2 | Provide emotional and spiritual support/care for residents and their families. |  |
| 5.3 | Assist resident in following recreation/activity plan. |  |

## Benchmark 6: Understand providing resident’s rights

### Competencies

| **#** | **DESCRIPTION** | **RATING** |
| --- | --- | --- |
| 6.1 | Maintain residents right to privacy, confidentiality and care of residents’ belongings along with demonstrating professional ethics and behaviors. |  |
| 6.2 | Provide safe and appropriate care, keeping resident and resident’s property free from any type of mistreatment, abuse or neglect at all times. |  |
| 6.3 | Maintain resident’s right to quality care and assist resident in making personal choices at all times. |  |
| 6.4 | Demonstrate an understanding of how to assist with validation for dementia patients. |  |

I certify that the student has received training in the areas indicated.

Instructor Signature:

For more information, contact:

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